Achilles HealerTM (Right Foot) by fabrifoam® Application Instructions

<u>http://www.pattstrap.com</u> - Free Shipping World Wide on all orders.

The Achilles Healer relieves pain and discomfort in the Achilles Tendon.

It works by encouraging faster heel rise. The Achilles Healer applies compression to the Achilles Tendon helping to reduce stress on the problem area. In addition, upward pressure is applied to the heel. The lift of the heel will reduce stress and pain of the Achilles tendon.

The Achilles Healer provides immediate relief from pain. It is worn directly against skin and inside most footwear.

- 1. Hold device foam side up with Velcro® tab in left hand.
- 2. Place right foot in center of device so that the curve of the device supports the front of the heel.



3. Secure with Velcro® tab on the outside of foot.



4. With the additional strap, holding the Velcro® portion foam side up in the left hand, wrap over foot and around back of ankle, then over foot again and secure on outside of foot.



